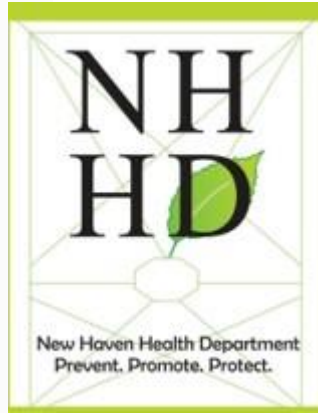


# Coronavirus Disease 2019 (COVID-19) Update



**INFORMATION FOR COMMUNITY BUSINESSES**

MARCH 12, 2020

CO-PRESENTED BY:

MARITZA BOND, MPH, DIRECTOR OF HEALTH –  
CITY OF NEW HAVEN

MEHUL DALAL, MD, COMMUNITY SERVICES  
ADMINISTRATOR, CITY OF NEW HAVEN



## Disclaimer

- **The information in this presentation is current as of March 11, 2020, unless otherwise noted, and subject to change.**

# Overview

Discuss and Describe

Discuss and describe global, national, state, local status of COVID-19



Identify

Identify Symptoms associated with COVID-19



Describe

Describe steps you can assist with reducing the risk of exposure to COVID-19



Review

Review workplace strategies to mitigate COVID19 impacts

# About COVID-19

- Coronavirus disease 2019 (COVID-19) is a **respiratory illness** that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China.
- The virus is thought to **spread mainly from person-to-person** between people who are in **close contact with one another** (within about 6 feet) and through respiratory droplets produced when an infected person coughs or sneezes.

# What are the Symptoms?

**COVID**  
CORONAVIRUS  
DISEASE **19**

## SYMPTOMS OF CORONAVIRUS DISEASE 2019

Patients with COVID-19 have experienced mild to severe respiratory illness.

Symptoms\* can include

**FEVER**



**COUGH**



\*Symptoms may appear 2-14 days after exposure.

**SHORTNESS OF BREATH**



Seek medical advice if you develop symptoms, and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.



For more information: [www.cdc.gov/COVID19-symptoms](https://www.cdc.gov/COVID19-symptoms)

# Health Alert

**COVID**  
CORONAVIRUS  
DISEASE **19**

## Health Alert: Coronavirus Disease 2019 (COVID-19)

**You have traveled to a country with an outbreak of COVID-19 and are at higher risk.**

COVID-19 is a respiratory illness that can spread from person to person.

### Stay Home

Stay home for the next 14 days and monitor your health. Take your temperature with a thermometer two times a day and watch for symptoms.

### If you feel sick and have symptoms:

- Call ahead before you go to a doctor's office or emergency room.
- Tell the doctor about your recent travel and your symptoms.
- Avoid contact with others.
- Do not travel while sick.

### Symptoms

Illnesses have ranged from mild symptoms to severe illness and death. Symptoms may appear 2–14 days after exposure.

### Symptoms can include:



Fever (100.4°F/38°C or higher)



Cough



Shortness of breath

Visit the website for more information on monitoring your health and how to contact local public health officials. Visit: [www.cdc.gov/COVIDtravel](http://www.cdc.gov/COVIDtravel)



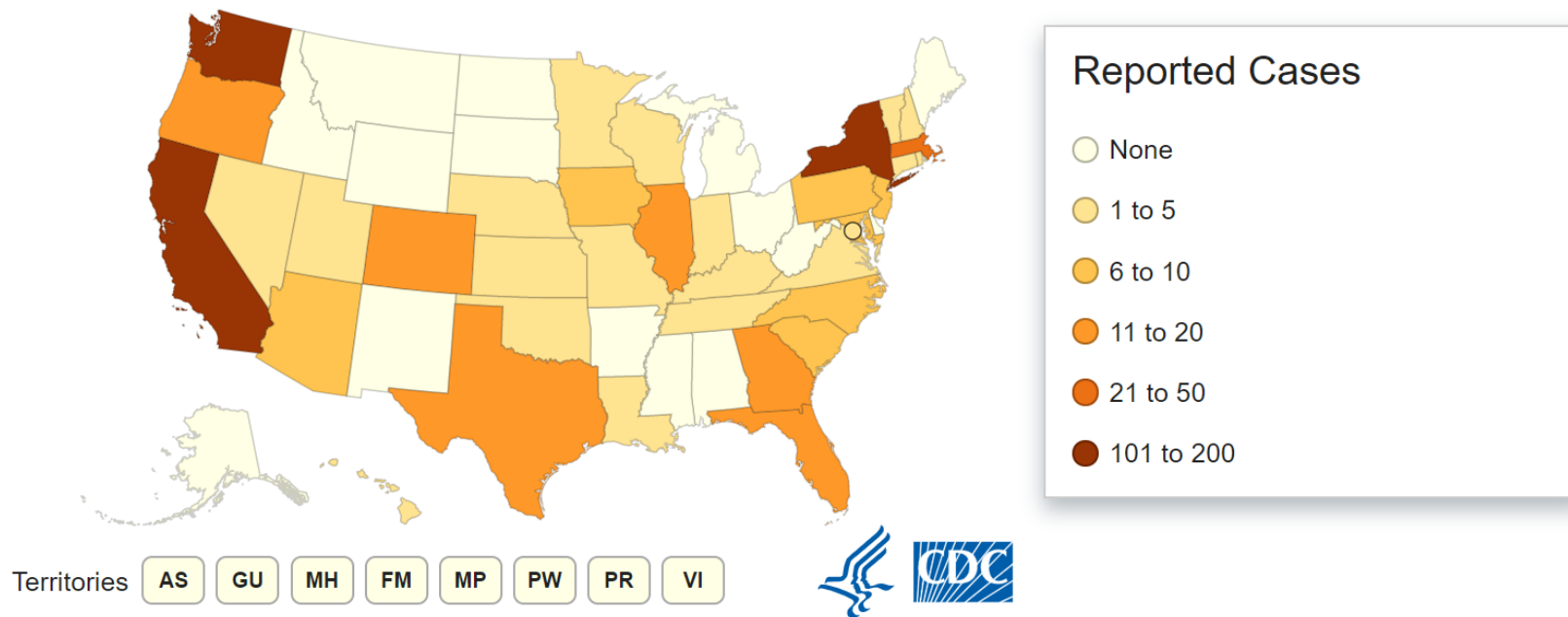
# COVID-19 Global & National Impact

John Hopkins Live  
Dashboard

- <https://www.arcgis.com/apps/opsdashboard/index.html#/bda7594740fd40299423467b48e9ecf6>

# COVID-19 United States

## States Reporting Cases of COVID-19 to CDC\*





# COVID-19 Travel Information

## Personal Travel Consideration

### Widespread sustained (ongoing) transmission and restrictions on entry to the United States

CDC recommends that travelers avoid all nonessential travel to the following destinations. Entry of foreign nationals from these destinations has been suspended.

- China ([Level 3 Travel Health Notice](#))
- Iran ([Level 3 Travel Health Notice](#))

### Widespread sustained (ongoing) transmission

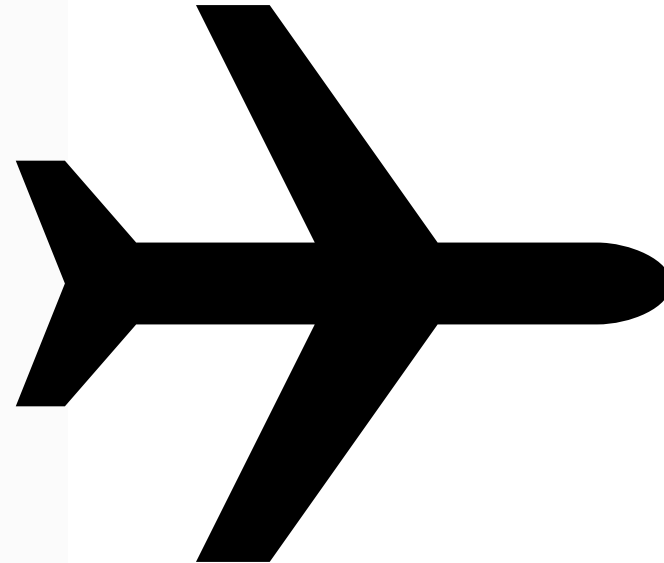
CDC recommends that travelers avoid all nonessential travel to the following destinations:

- South Korea ([Level 3 Travel Health Notice](#))
- Italy ([Level 3 Travel Health Notice](#))

### Sustained (ongoing) community transmission

CDC recommends that older adults or those who have chronic medical conditions consider postponing travel to the following destinations:

- Japan ([Level 2 Travel Health Notice](#))



# Connecticut COVID-19 Cases

- There are three Connecticut resident cases
- There are two New York residents who worked in CT

*As of March 11, 2020*



# Business Workplace Considerations

# Workplace Preparedness



Ensure sick leave policies allow employees to stay home if they have symptoms of respiratory infection.



Separate sick employees – any employee who appears to have acute respiratory symptoms (cough, shortness of breath and fever) should be separated from other staff and sent home immediately.



Place posters that encourage staying home when sick, cough and sneeze etiquette, and hand hygiene at the entrance to your workplace and in other workplace areas where they are likely to be seen.

# Planning For Impacts

- 
- Establish human resource policies and coverage plans if an employee is confirmed to have COVID-19. Expect an extended absence.
  - Establish policies and plans in the event of workplace exposure to COVID19
  - Understand that employees may encounter other major disruptions such as school closures and care of sick family members

# Workplace Facilities



Provide tissues and no-touch disposal receptacles for use by employees.



Instruct employees to clean their hands often with an alcohol-based hand sanitizer that contains at least 60-95% alcohol or wash their hands with soap and water for at least 20 seconds. Soap and water should be used preferentially if hands are visibly dirty.



Provide soap and water and alcohol-based hand rubs in the workplace. Ensure that adequate supplies are maintained. Place hand rubs in multiple locations or in conference rooms to encourage hand hygiene.

# Workplace Hygiene and Cleaning

## Perform routine environmental cleaning:

- **Routinely clean** all frequently touched surfaces in the workplace, such as workstations, countertops, and doorknobs. Use the cleaning agents that are usually used in these areas and follow the directions on the label.
- **Provide disposable wipes** so that commonly used surfaces (for example, doorknobs, keyboards, remote controls, desks) can be wiped down by employees before each use.

# Establish a Cleaning Day



## Wipe-Down Wednesday



### Clean Your Area

Routinely clean all frequently touched surfaces in the workplace, such as workstations, countertops and doorknobs. Use cleaning agents that are usually used in these areas, and follow the directions on the label.

- Door knobs
- Countertops
- Phones
- Keyboards
- Chair handles (where hands go)
- Elevator buttons/handrails



### Wash Your Hands

Follow these five steps every time:

1. **Wet** your hands with water and apply soap.
2. **Lather** your hands by rubbing them together with the soap.  
*PRO TIP: Be sure to lather the backs of your hands, between your fingers and under your nails.*
3. **Scrub** your hands for at least 20 seconds.
4. **Rinse** your hands well.
5. **Dry** your hands using a clean towel or air dry them.  
*PRO TIP: To prevent the transfer of germs onto your clean hands, use a paper towel to open the restroom door.*



### Watch Your Cough/Sneeze Etiquette

1. Cover your mouth and nose with a tissue when you cough or sneeze, then place the tissue in a waste basket.
2. If you don't have a tissue, cough or sneeze into your elbow.

**REMEMBER: Covering your mouth when you cough or sneeze and washing your hands are the most effective ways to prevent the spread of viruses.**

For more information, visit [CDC.gov](https://www.cdc.gov).



# What to Do if an Employee has Symptoms

- Separate the employee from others, and provide them with a face mask
- If there is no medical emergency, ask them to get home as soon as possible
- Have them call their healthcare provider – REMIND THEM NOT TO SHOW UP TO THEIR PROVIDER UNANNOUNCED
- Remember older adults and people with underlying chronic medical conditions are at high risk of severe COVID19 disease
- Guidance about who is at risk is constantly changing – stay up to date with CDC guidance, including traveler guidance.
- If you are worried about a suspected case or exposure risk call your local health department
  - In New Haven – (203) 946-4949



# Resources

## **CDC – Coronavirus Disease 2019**

<https://www.cdc.gov/coronavirus/2019-ncov/about/index.html>

## **Connecticut Department of Public Health**

<https://portal.ct.gov/Coronavirus>

## **CDC – Guidance for Businesses and Employers**

<https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html>

# Display Video in Public Display areas



<https://youtu.be/7-IW0s2yJA0>

Video Resources:

<https://www.cdc.gov/coronavirus/2019-ncov/communication/videos.html>

# Display Posters

**COVID**  
CORONAVIRUS  
DISEASE **19**

## STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



For more information: [www.cdc.gov/COVID19](http://www.cdc.gov/COVID19)

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# How do I prepare?

Source:  
<https://www.health.pa.gov/topics/Documents/Diseases%20and%20Conditions/Coronavirus%20Spread%20Infographic.pdf>

## PREPARING FOR THE SPREAD OF COVID-19

### HOW DO I PREPARE?

**CREATE A HOME EMERGENCY KIT**

- NON-PERISHABLE FOOD
- BOTTLED WATER
- MEDICATIONS
- FLASHLIGHT + EXTRA BATTERIES
- FIRST AID KIT
- WARM CLOTHING
- BABY SUPPLIES
- PET SUPPLIES

### KNOW THE SYMPTOMS OF COVID-19

- FEVER
- COUGH
- SHORTNESS OF BREATH

**SPREADS THROUGH CLOSE CONTACT**

### TAKE EVERYDAY PRECAUTIONS

- WASH YOUR HANDS
- DON'T TOUCH FACE
- AVOID SICK PEOPLE

INFORMATION + UPDATES:  
**HEALTH.PA.GOV**

**pennsylvania**  
DEPARTMENT OF HEALTH  
Created 02/25/2020

# Questions and Answers

